



## Our Mother

Our Mother who art within us  
Each breath brings us to you.  
Thy wisdom come,  
Thy will be done  
as we honor your presence within us.  
You give us this day all that we need.  
Your bounty calls us to give and receive  
all that is loving and pleasurable.  
You are the courage that moves us  
to be true to ourselves  
and we act with grace and power.  
We relax into your cycles of  
birth, growth, death and renewal.  
Out of the womb, the darkness, the void,  
comes new life.  
For you are the Mother of All Things.  
Your body is the Sacred Earth  
and our bodies.  
Your love nurtures us and unites us all.  
Now and forever more.

Dale Allen